

Definition

Enabling Learning Objectives

- 1. Select from a list the Center for Substance Abuse Prevention's definition for prevention.**
- 2. State the definition of Prevention for Readiness IAW AR 600-85.**



Definition

Prevention

- ▮ A proactive process which empowers individuals and systems to meet the challenges of life events and transitions by creating and reinforcing conditions that promote healthy behaviors and lifestyles.*
- ▮ Alcohol and other drug abuse prevention includes all measures to deter and reduce the abuse or misuse of alcohol and other drugs to the lowest possible level (AR 600-85).

*U.S. Health and Human Services, Center for Substance Abuse Prevention



Definition

Prevention

- ▮ **Prevention for Readiness**
 - ▮ **Prevention for readiness involves the commitment of command resources, policies, installation organizations, and community members to create and foster conditions that promote mission readiness and enhance well-being for the total Army (AR 600-85).**